

## POSITION STATEMENT

### e-Cigarettes

#### Recommendation:

The Lancashire Medicines Management Group does not recommend the prescribing of e-Cigarettes by primary care – **RAG status – ‘Do not prescribe’**

#### Background

Cochrane has concluded Nicotine e-cigarettes can be effective for smoking cessation. However, they have stated that more evidence is required.

Cochrane is uncertain if there is a difference between how many unwanted effects occur using nicotine e-cigarettes compared with nicotine replacement therapy, with no support or behavioural support only.

They found that there was some evidence that non-serious unwanted effects were more common in groups receiving nicotine e-cigarettes compared to no support or behavioural support only.

**Please note:** this position statement **does not** apply to specialist smoking cessation services.

**This position will be updated following the publication of significant new evidence.**

#### Bibliography

1. Cochrane Library –Can electronic cigarettes help people stop smoking, and do they have any unwanted effects when used for this purpose? 8<sup>th</sup> January 2024. Accessed 2<sup>nd</sup> May 2024 [https://www.cochrane.org/CD010216/TOBACCO\\_can-electronic-cigarettes-help-people-stop-smoking-and-do-they-have-any-unwanted-effects-when-used](https://www.cochrane.org/CD010216/TOBACCO_can-electronic-cigarettes-help-people-stop-smoking-and-do-they-have-any-unwanted-effects-when-used)
2. MHRA UKPAR trial summary e-Voke 10mg electronic inhaler and e-voke 15mg electronic inhaler Nicovations Ltd Accessed 2<sup>nd</sup> May 2024 at <https://mhraproducts4853.blob.core.windows.net/docs/56f25daab2a2968139bc37075e194d1a5f12b33f>
3. Northern (NHS) Treatment Advisory Group- Treatment Appraisal: Decision Summary e-Voke® (Nicovations Ltd) electronic cigarette. Accessed 2<sup>nd</sup> May 2024 <https://ntag.nhs.uk/wp-content/uploads/2021/10/NTAG-Decision-Summary-Voke-Nicotine-Replacement-Therapy-Feb-2020-final.pdf>